

Defining core competencies for epidemiologists in academic settings to tackle tomorrow's health research challenges

a structured, multi-national effort

Author(s)

Abraham, Alison; Gille, Doreen; Puhan, Milo A; ter Riet, Gerben ; von Wyl, Viktor

DOI

[10.1093/aje/kwaa209](https://doi.org/10.1093/aje/kwaa209)

Publication date

2020

Document Version

Final published version

Published in

American Journal of Epidemiology

License

CC BY-NC

[Link to publication](#)

Citation for published version (APA):

Abraham, A., Gille, D., Puhan, M. A., ter Riet, G., & von Wyl, V. (2020). Defining core competencies for epidemiologists in academic settings to tackle tomorrow's health research challenges: a structured, multi-national effort. *American Journal of Epidemiology*, 190(3), 343-352. <https://doi.org/10.1093/aje/kwaa209>

**General rights**

It is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), other than for strictly personal, individual use, unless the work is under an open content license (like Creative Commons).

Disclaimer/Complaints regulations

If you believe that digital publication of certain material infringes any of your rights or (privacy) interests, please let the Library know, stating your reasons. In case of a legitimate complaint, the Library will make the material inaccessible and/or remove it from the website. Please contact the library: <https://www.amsterdamuas.com/library/contact/questions>, or send a letter to: University Library (Library of the University of Amsterdam and Amsterdam University of Applied Sciences), Secretariat, Singel 425, 1012 WP Amsterdam, The Netherlands. You will be contacted as soon as possible.



Special Article

Defining Core Competencies for Epidemiologists in Academic Settings to Tackle Tomorrow's Health Research Challenges: A Structured, Multinational Effort

Alison Abraham, Doreen Gille, Milo A. Puhan*, Gerben ter Riet, and Viktor von Wyl for the International Consortium on Teaching Epidemiology

* Correspondence to Prof. Dr. Milo A. Puhan, Epidemiology, Biostatistics and Prevention Institute, University of Zurich, Hirschengraben 84, Room HRS G29, 8001 Zurich, Switzerland (e-mail: miloalan.puhan@uzh.ch).

Initially submitted December 4, 2019; accepted for publication October 1, 2020.

Only a few efforts have been made to define core competencies for epidemiologists working in academic settings. Here we describe a multinational effort to define competencies for epidemiologists, who are increasingly facing emerging and potentially disruptive technological and societal health trends in academic research. During a 1.5-year period (2017–2019), we followed an iterative process that aimed to be inclusive and multinational to reflect the various perspectives of a diverse group of epidemiologists. Competencies were developed by a consortium in a consensus-oriented process that spanned 3 main activities: 2 in-person interactive meetings held in Amsterdam, the Netherlands, and Zurich, Switzerland, and an online survey. In total, 93 meeting participants from 16 countries and 173 respondents from 19 countries contributed to the development of 31 competencies. These 31 competencies included 14 on “developing a scientific question” and “study planning,” 12 on “study conduct and analysis,” 3 on “overarching competencies,” and 2 on “communication and translation.” The process described here provides a consensus-based framework for defining and adapting the field. It should initiate a continuous process of thinking about competencies and the implications for teaching epidemiology to ensure that epidemiologists working in academic settings are well prepared for today's and tomorrow's health research.

academic research; core competencies; epidemiology; multinational studies; public health; teaching

Abbreviation: PhD, Doctor of Philosophy.

Defining competencies has become standard for guiding the development and assessment of educational curricula for a wide range of academic professions (1–3). A competency is defined as the combination of knowledge, skill, and ability that professionals must have in order to perform specific functions within organizations or professional practices (4). Defining competencies may serve different purposes, such as forming curricula (e.g., master's or doctoral programs), accreditation (e.g., the Council on Education for Public Health in the United States), or shaping and guiding a field (e.g., the American College of Epidemiology). Sets of competencies are commonly developed through iterative qualitative and quantitative methods.

For Master or Doctor of Public Health graduates or public health professionals, competencies have been defined on a general level (5–11). For example, public health organi-

zations like the Association of Schools of Public Health in the European Region have defined broad sets of competencies related to public health policy, surveillance and outbreak investigation, communication, and management or capacity-building (5). To train epidemiologists for research in academia, industry, or elsewhere, organizations like the American College of Epidemiology have based their sets of competencies mostly on the disciplines of epidemiology and biostatistics (12). Some scholars have also suggested going beyond the classical Master or Doctor of Public Health or similar academic degrees and thinking along the full educational path from high school to graduate school to initiate the development of competencies early and in broad groups of trainees (13, 14).

Efforts have been made to define core competencies for epidemiologists specifically working in academic environments

(15), and current curricula and textbooks cover basic, widely accepted concepts and special topics in epidemiology (16–18). However, previous attempts at formulating core competencies have rarely gone beyond key epidemiologic concepts and are not reflective of many epidemiologists' everyday experience, where they are highly central, interactive, and integrative members of the evidence generation process. No attempts have been made to define competencies that enable epidemiologists to be at the forefront of health research and to leverage current technologies and trends—such as digitalization, personalized health, participatory science, artificial intelligence, or -omics, to name just a few. Moreover, an overarching framework for guiding curriculum development and prioritization of areas of competency is missing. This is remarkable, since epidemiologists in an academic setting are a driving force in producing and teaching new knowledge, promote academic advancement and scientific inquiry in the field of health research, and therefore have a substantial impact on training and shaping not only new generations of epidemiologists but also clinical and public health scientists and health-care professionals (19, 20).

Redefining traditional epidemiologic competencies to reflect the ability to lead and contribute to emerging fields in health research would be important for junior and senior epidemiologists, curriculum developers, and teachers. A general and widely accepted set of competencies is ideal to maintain relevance and robust training standards, to provide orientation for Doctors of Philosophy (PhDs), postdoctoral researchers (“postdocs”), and senior epidemiologists, and to assure the sustainability of the discipline. Therefore, we created an initiative aiming to define forward-thinking competencies that may guide the development of curricula and that provide guidance for epidemiologists who pursue a career in an academic environment.

METHODS

We pursued an iterative process to develop a set of competencies for epidemiologists working in academic settings that began in June 2017 and reached a first milestone in August 2019 (Figure 1). Here, we present an overview of the key steps. Details of the methods are provided in Web Appendixes 1–7 (available at <https://academic.oup.com/aje>) and Web Tables 1 and 2.

We aimed for the process to be inclusive and multinational from the start to reflect the various perspectives of a diverse group of epidemiologists from around the world. The process was designed to be transparent, systematic, and well-documented. Generally, we aimed to develop a set of competencies that is relevant across the range of the field, from master's degree students to senior epidemiologists in an academic setting. However, to facilitate and focus discussions, we asked participants to consider the expected skills and practice level of a postdoc in epidemiology with 2 years of experience after receipt of a PhD.

We first composed a core group of epidemiologists from Switzerland (M.A.P., V.v.W.), the Netherlands (G.t.R.), and the United States (A.A., Albert Hofman (Harvard T.H. Chan School of Public Health, Boston, Massachusetts), Alfredo Morabia (Columbia University, New York, New York). The

core group engaged colleagues in the process, moderated discussion, and edited the results to formulate competencies. From the beginning, this core group led the process and engaged a multinational and diverse (in terms of career stage and epidemiologic subfield) group of epidemiologists in discussion, without actively shaping competencies. Major decisions on competencies were made by the full consortium in a consensus-oriented process and through rating exercises. To this end and in accordance with these principles, the whole process of competency definition and decision-making was spread over 3 main activities: 2 meetings held in Amsterdam, the Netherlands (the pilot meeting), and Zurich, Switzerland (the First International Meeting on Teaching Epidemiology), and an online survey.

The goals of the Amsterdam meeting (held on January 17, 2018) were 1) to test the process of developing competencies in a structured and transparent way, 2) to generate a first set of competencies that are important for today's academic epidemiologic work, and 3) to consider potentially field-shifting and disruptive trends. The initial set of competencies was assigned to a study's life cycle. The Zurich meeting (held on June 26 and 27, 2018) was organized as an interactive and structured process wherein the initial set of competencies was discussed and revised. The focus of the meeting was then on current and future trends and how those might affect necessary competencies. Additional competencies arising from these discussions were again assigned to a study's life cycle. After the Zurich meeting, all competencies were extensively revised by the core group to produce a clear and consistent formulation of each core competency according to established frameworks (21, 22), making sure to maintain the intended meaning. We conducted 2 rounds of revision with all participants of the Amsterdam and Zurich meetings through online collaboration. Finally, we conducted a survey between May and August 2019 to elicit, for each of the competencies, the expected competency level of a postdoc in epidemiology in an academic setting with 2 years of experience after graduating from a PhD program. Although it was not explicitly mentioned in the survey, we expected that through the survey, respondents from the epidemiology community could familiarize themselves with the competencies and reflect on the impact these competencies would have on the teaching of epidemiology.

RESULTS

The multinational consortium, designated the International Consortium on Teaching Epidemiology, developed 31 competencies that were organized along the 4 domains of a study's life cycle, plus the domain of overarching competencies (see Figure 2 and Web Appendix 6 for details on domains and competencies). Seven competencies (A1–A3 and B1–B4) were defined for the domain of “developing a scientific question” (Web Appendix 8). They enable epidemiologists to frame relevant and clearly formulated scientific questions that address a health need and consider the existing evidence and context. “Study planning” is a critical step in health research to assure the generation of valid and meaningful evidence. The 7 competencies defined for this domain fall into the categories of combining content knowledge

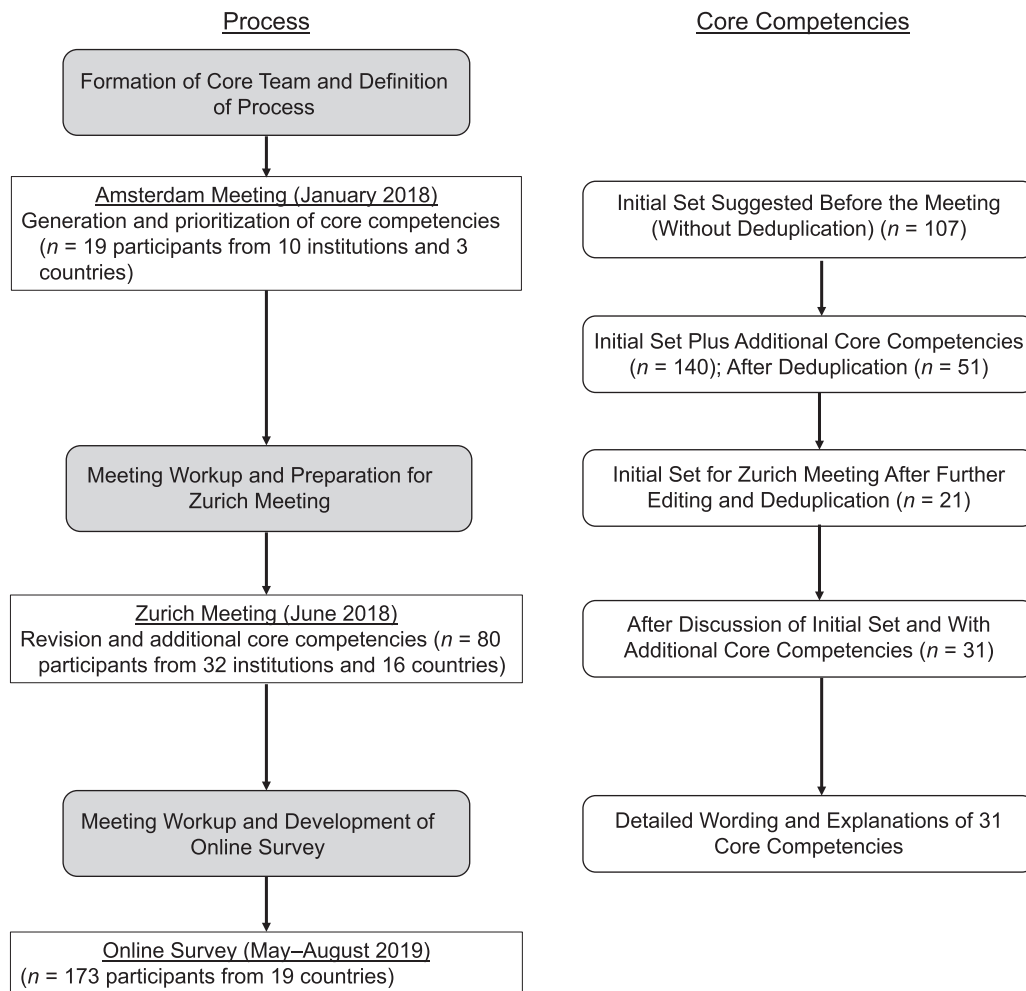


Figure 1. Process and development of a multinational effort to define core competencies for the profession of epidemiology in an academic setting. Gray boxes with rounded corners represent preparatory steps by the core group; white rectangular boxes illustrate publicly open core events for collecting input and decision-making; and white boxes with rounded corners represent the development of competencies. The members of the core group are included in the numbers of participants, institutions, and countries.

and research methods (C1–C4) and minimizing random error and systematic biases (D1–D3) (Web Appendix 8). The domain of “study conduct and analysis” contains 12 competencies (E1–E5 and F1–F7) (Web Appendix 8). This phase of a study entails numerous activities needed in order to gather the required data in a timely and high-quality manner and analyze them in a sensible and reproducible way.

The 2 competencies in the domain of “communication and translation” (G1 and H1) enable epidemiologists to engage in scientific communication of their own and others’ results and take (co-) responsibility for appropriate representation of evidence, assessment of the evidence base, and drawing correct conclusions (Web Appendix 8). Finally, the fifth domain includes 3 overarching competencies (O1–O3) that enable epidemiologists to act as leaders and facilitators between different professions, to acquire funding, and to complement a team when specific expertise is missing. During the development process, there was ample dis-

cussion of relevant content areas (e.g., biology, immunology, genetics), and it became clear that the combination of subject-matter competence and methodological competence is highly important for epidemiologists working in academic settings. This is reflected in a number of explanations for competencies (see Web Appendix 4), and domain C, “combining content knowledge and research methods” (C1–C4), explicitly refers to this important combination.

Competencies for current and future trends

The majority of the competencies compiled relate to traditional, currently important tasks for epidemiologists in academic settings. Here, we highlight a number of novel competencies that emerged from discussions about current and future trends at the Amsterdam and Zurich meetings. For example, it is increasingly common to involve stakeholders such as citizens, patients, health-care providers, or

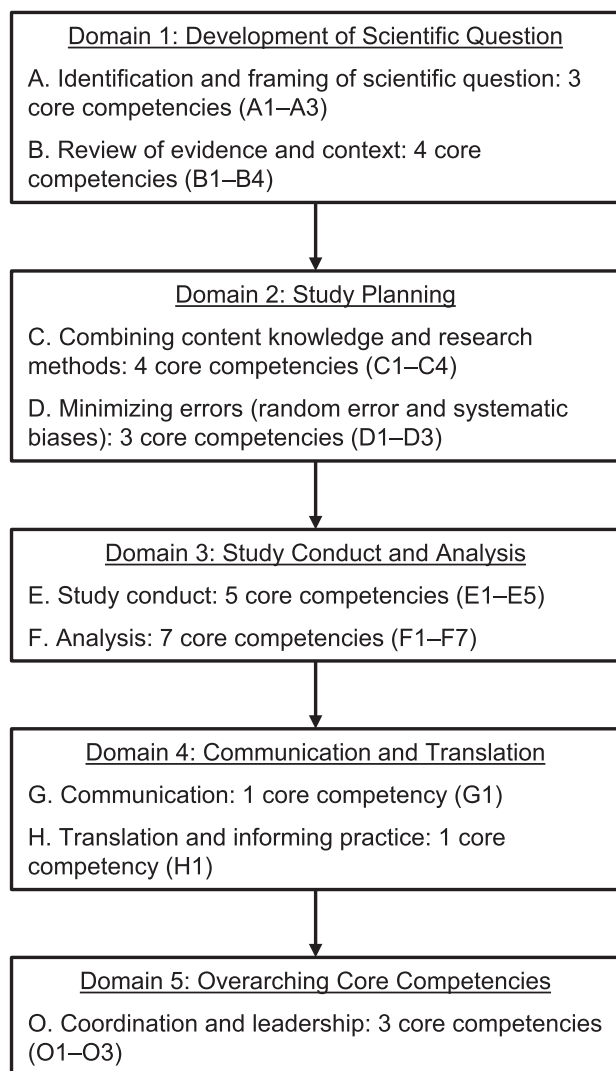


Figure 2. Five domains (4 domains of a study's life cycle plus 1 overarching domain) comprising 31 competencies included in a multinational effort to define core competencies for epidemiology in an academic setting.

policy-makers in health research. In some instances, stakeholders have even initiated or co-led research efforts, which offers new opportunities but also poses some challenges for health researchers (23, 24). The consortium thus defined the core competency of being able to engage with stakeholders and the public as the ability to identify relevant health needs from their perspective (A1). Moreover, given the increasingly interdisciplinary nature of health research, there is a need for researchers who can coordinate and facilitate between research partners and/or stakeholders. Since epidemiologists may often be in an ideal position to fulfill this role, the consortium defined the competency to identify partners from various disciplines as vital to conducting health research, aligning partners' skills with research tasks, and acting as a bridge between wide-ranging health and data disciplines (O2). A group of 4 competencies (B3, D3, E4, and

E5) relate to the set-up, critical evaluation, and use of existing or new data sources that may be used to address health-related research questions. The emphasis on facility with data sources probably reflects an increasing focus on the mining of existing large, novel data sets, including health-care-related databases, social media data, and harmonized data from varied sources. C3, the competency to identify emerging technologies or methodologies in other fields for utility, highlights an awareness by participants that epidemiologists must be aware of and look outside of their fields for methods, tools, and expert support (O3). This is probably motivated by the adoption of novel measurement and analytical techniques emerging from a broad range of areas like engineering, computer science, biology, and physics.

Results from the survey

In total, 173 persons from 19 countries completed the online questionnaire. Participants were diverse with respect to career stage and educational background. A majority (58%) of participants were women, and the median age was 44 years (interquartile range, 34–52 years). More than half (52%) were professors, and 21% were either PhD students or postdocs. The majority of participants had a formal degree in epidemiology (62%), and almost 9 out of 10 (88%) were employed in academic settings (see Web Table 2 for details).

Table 1 shows, in descending order, the respondents' average ratings (and standard deviations) of the expected level of competency for a postdoc in epidemiology 2 years after PhD graduation, on a scale of 1 (basic) to 5 (proficient). The analyses revealed 4 subjectively defined but quite distinct core competency clusters (Figure 3). The blue cluster comprises 7 competencies that reflect key topics typically considered in introductory courses (formulating research questions, bias, confounding). Respondents indicated, with little variation (low standard deviations), that the expected capability level for these competencies should fall between advanced and proficient for a postdoc in epidemiology working in an academic setting. By contrast, respondents consistently (low standard deviations) expected a more moderate (basic to advanced) level of capability for the 3 competencies within the red cluster, which pertain to assessment of the quality of databases and data handling (B3 and E4) and the ability to adapt novel technologies (C3).

A third cluster consisted of 9 competencies for which there was a substantial range in expected levels of competency, and there was substantial variation in ratings among respondents. These were competencies that are often not included in current epidemiology curricula but may be relevant for epidemiologic research practice (e.g., O2—identifying suitable research partners and stakeholders) or are more prevalent in subspecialties of epidemiology (e.g., F6—qualitative and mixed research methods). A fourth cluster included 12 competencies. For these, there was moderate agreement among respondents about the level of competency expected from a postdoc in epidemiology, but there was also variation in terms of their average rating for the expected level, ranging from an advanced level for core competency F2 to a nearly proficient level for competencies E2 and F3.

Table 1. Results From an Online Survey (May–August 2019) on the Expected Level of Competency for a Postdoctoral Researcher in Epidemiology Working in an Academic Setting

Competency Score ^a		Description of Competency(ies)
Mean (SD)	Median	
4.26 (0.90)	5	A2. Competency to formulate a scientific question and to justify the relevance of the question given the state of the evidence and a specific population health problem.
4.11 (0.92)	4	B1. Competency to plan and conduct a review of the existing peer-reviewed literature and of other sources in order to describe the current evidence for a specific scientific question.
4.10 (0.82)	4	D1. Competency to anticipate bias (i.e., information bias, selection bias, confounding) when planning a study and to minimize its consequences for inferences through optimal study design and data analysis.
4.09 (0.93)	4	A3. Competency to define and justify the target population for addressing a given scientific question and to delineate an appropriate source population from which the study population may be sampled or recruited.
4.07 (1.02)	4	F3. Competency to calculate and interpret epidemiologic measures of disease occurrence and measures of association and their precision and to explain the importance in various specific decision-making contexts.
4.01 (1.00)	4	E2. Competency to responsibly conduct research and to align with all relevant ethical standards and laws.
3.98 (0.94)	4	B2. Competency to systematically appraise the methodological quality of existing research findings for a specific scientific question using appropriate tools and guidelines.
3.97 (1.04)	4	O3 ^Z . Competency to recognize when to seek additional expert support. ^b
3.90 (0.99)	4	F4. Competency to assess the strength of evidence for a causal relationship.
3.86 (0.94)	4	E3 ^Z . Competency to collect valid and relevant high-quality data or to compile existing data deemed sufficiently valid for answering a specific research question. ^b
3.84 (0.92)	4	D2. Competency to establish optimal methods for measurement, ascertainment, and validation of primary study exposures and outcomes of interest, as well as important confounders and effect modifiers.
3.77 (0.98)	4	F1. Competency to select appropriate statistical methods for a specific scientific question and the available data.
3.76 (0.99)	4	C2. Competency to distinguish between prediction and a causality framework and to plan a study and analysis accordingly.
3.74 (1.01)	4	C1. Competency to describe the distribution and occurrence of health conditions and associated risk factors and to develop the evidence regarding the population impact of associated risk factors and interventions.
3.66 (0.98)	4	B4. Given the existing evidence, competency to describe the need for new research and research to reduce uncertainty, both with respect to the specific scientific question and with respect to the methodological approach.
3.64 (1.05)	4	E1. Competency to conduct health research, including setup, coordination, data collection, monitoring, and data quality control.
3.55 (1.03)	4	C4. Competency to plan qualitative and/or quantitative health research methods for a given study context and evaluate their appropriateness.
3.47 (1.03)	3	E5 ^Z . Competency to design and work with databases. ^b
3.40 (1.05)	3	F2. Competency to work with various types of data, taking account of all relevant issues around content, database structure, quality, privacy, and coding (metadata).
3.36 (1.07)	3	F5. Competency to apply appropriate analytical approaches to make causal inferences based on implicit and explicit assumptions.
3.25 (1.15)	3	G1. Competency to effectively communicate the results of health research to health-care professionals, the lay public, and various media and thus contribute to debates concerning health and health care.
3.24 (1.08)	3	A1 ^Z . Competency to engage with stakeholders and the public to identify relevant health needs from their perspective. ^b
3.18 (1.07)	3	H1. Competency to translate current evidence and knowledge to public health and health care and to appraise and guide health-related questions in society from a population perspective.
3.17 (1.04)	3	D3 ^Z . Competency to adopt and apply new methods and study designs that may more effectively minimize inferential threats in particular study contexts. ^b
2.99 (2.99)	3	O1. Competency to prepare, obtain, and manage successful grant proposals, including all scientific and administrative steps needed for submission.
2.98 (1.04)	3	F7. Competency to appropriately use a specific diagnostic or prediction model and to develop and validate multivariable prediction models accordingly using internal or external model validation methods.

Table continues

Table 1. Continued

Competency Score ^a		Description of Competency(ies)
Mean (SD)	Median	
2.95 (1.19)	3	O2 ^z . Competency to identify partners from various disciplines necessary to conduct health research, align partners' skills with research tasks, and act as a bridge between wide-ranging health and data disciplines. ^b
2.92 (0.92)	3	B3 ^z . Competency to critically evaluate the suitability, quality, and validity of existing data sources for a specific research question. ^b
2.91 (0.93)	3	C3 ^z . Competency to identify emerging technologies or methodologies in other fields and evaluate their utility for a specific study question. ^b
2.86 (0.93)	3	E4 ^z . Competency to assess data quality in newly collected data or existing databases and extract the data deemed sufficiently valid for answering a specific research question. ^b
2.67 (1.17)	3	F6. Competency to employ qualitative and mixed methods in health research.

Abbreviation: SD, standard deviation.

^a Competency scores could range from 1 (basic) to 5 (proficient).

^b The superscript "z" highlights competencies that tend not to be emphasized in traditional curricula and/or enable epidemiologists to engage with emerging trends that have an impact on health research.

DISCUSSION

In this multinational effort, which included a large group of epidemiologists from around the world, we developed 31 core competencies for epidemiologists working in an academic setting and organized them along the continuum of a study's life cycle. We paid special attention to emerging technological and societal trends that offer novel opportunities for health research but may also disrupt some conven-

tions of traditional health research. We used recommended wording for competencies to assure that they were evaluable fits for inclusion in curricula and avoided reducing competencies to a list of important epidemiologic topics (21, 22).

The majority of competencies compiled can be considered traditional competencies that have classically defined the field. These competencies enable the conduct of health research on questions of etiology, disease burden, diagnosis, and prognosis, as well as on preventive and therapeutic

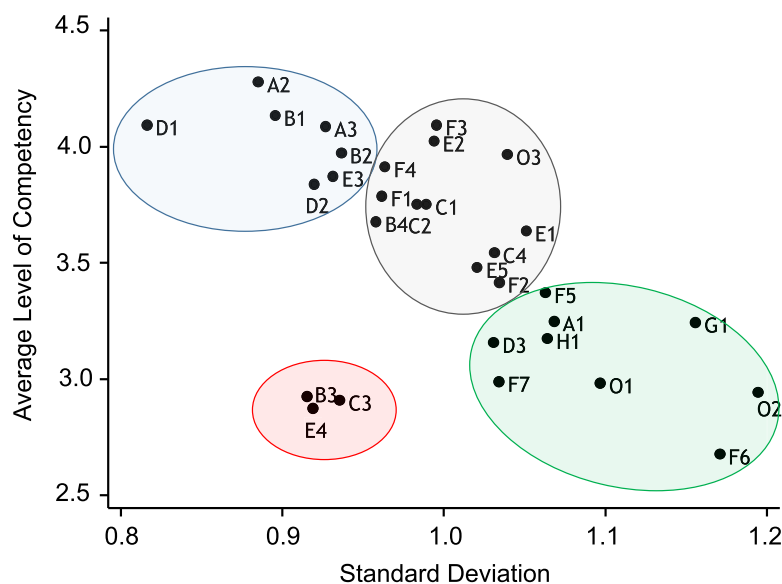


Figure 3. Individual competencies for epidemiology in an academic setting, plotted by their average competency score (the average level of competency expected for an academic postdoctoral researcher in epidemiology, ranging from 1 (basic) to 5 (proficient); y-axis) and standard deviation (x-axis). The colored clouds refer to subjectively grouped core competencies with either 1) high Likert scores (advanced and proficient level expected) and small standard deviations (blue cluster), 2) low-to-moderate Likert scores (basic to advanced level expected) and small standard deviations (red cluster), 3) moderate-to-high Likert scores and moderate standard deviations (gray cluster), or 4) low-to-moderate Likert scores but comparatively large standard deviations (green cluster).

interventions. The importance of combining subject knowledge and methods is emphasized repeatedly (see Web Table 1). Not surprisingly, survey respondents expected postdocs with 2 years of experience to have advanced skill in formulating a scientific question (A2) and conducting literature reviews (B1), both of which are crucial for meaningful health research. Another set of competencies for which advanced levels of skill are expected pertain to the validity of research, such as anticipating and minimizing bias (D1), defining the target, source, and study population (A3), and calculating and interpreting epidemiologic measures of disease occurrence and measures of association (F3). While the expected level of ability for a postdoc was lower for the other competencies, we emphasize that only competencies considered important by the consortium made it onto the list of the 31 competencies. Thus, not surprisingly, the median expected level given this stage of training for all competencies was 3 or higher—an advanced level of facility that would allow an epidemiologist to use the core competency in different situations. Note that some caution is needed when interpreting the results, as respondents may have answered the questions according to the level attained by students in their respective programs rather than the general expectation of graduates in epidemiology.

While many competencies are certainly relevant for both traditional health research and health research influenced by emerging trends, we identified 8 competencies that are more novel and enable epidemiologists to engage in emerging trends. All of them, like the other competencies, are not topic-specific (e.g., specifically targeted at digitalization, personalized medicine, or -omics) but are cross-cutting for health research. This is notable, since many discussions about emerging trends at the Amsterdam and Zurich meetings started with specific topics (e.g., novel technologies for collecting or analyzing data) for which epidemiologists may feel that researchers from other disciplines are encroaching on their role. There is also tension within the field about core goals and mission that could lead to a fracturing of the discipline (25, 26). However, the effort to define competencies described here highlighted competencies that enable epidemiologists to conduct academic health research in emerging fields in a valid, meaningful, and impactful way. The knowledge of a particular technology for which an expert may be added to a research team does not define the field, nor are subdisciplines needed to address a variety of goals in health research. For example, a common theme of the discussions was the opportunity to obtain large amounts of data collected automatically or with great efficiency (e.g., through wearable devices, technologies for analyzing large amounts of biological specimens, or digital data derived from everyday life) without being specific about a scientific question or hypothesis. The competencies emerging from these discussions were being able to critically evaluate and use such data sources (B3 and E4) or being able to identify and evaluate emerging technologies in other fields (C3) to address a specific study question.

Another theme of the discussions was the nature of collaborations in health research that are becoming more and more multidisciplinary, with experts from fields that traditionally

have not engaged in health research. In addition, research is increasingly initiated, conducted, and translated into public health and clinical practice together with laypersons (healthy people and patients), practice partners, economists, and/or policy-makers. The 3 competencies on engaging with stakeholders to identify relevant health needs (A1), putting together multidisciplinary and well-aligned collaborations and acting as a bridge between wide-ranging health and data disciplines (O2), and seeking additional expert support (O3) emerged from these discussions. The recognition of this particular realm of competencies is consistent with recent calls for consequential science that focuses on maximizing health with an eye toward relevant outcomes as defined by stakeholders rather than researchers (27).

While the competencies developed here may be formulated in a more specific and formal way than in previous efforts, the majority of them align well with competencies suggested earlier. In particular, the competencies defined by the American College of Epidemiology and the Association of Public Health Epidemiologists in Ontario (Canada) share many competencies that were defined by our multinational consortium (11, 12). The competencies for public health professions defined by public health organizations show less granularity than our competencies, which is expected given the broad field of public health, which reaches much beyond the realms of academic epidemiologists (5–11, 28). Competencies for epidemiologists working in academic settings and public health professionals in nonacademic settings should not be seen as competing with each other in any way, but rather as guiding programs that offer training for future epidemiologists in academia or public-health practice settings or both.

It will require some time to recognize whether or not the competencies presented here are useful and applicable across countries and across professional levels (from junior to senior epidemiologists) in academia. We are optimistic that this is the case, since the skills necessary to conduct meaningful and high-quality health research are, for the most part, generalizable across settings. Even more novel competencies are likely to be relevant to both high-income and low-to-middle-income countries, as new technologies (e.g., mobile technologies) are being deployed with great success in these settings. Thus, competencies for research are probably less dependent on the setting and context than competencies for public health professionals, since health needs are highly contextual. Although we expect the competencies to be widely applicable, they are not meant to be prescriptive for academic programs. It is unrealistic to expect that any program, regardless of how well it is designed, could provide meaningful training in all 31 competencies to bring graduates to an advanced level for each. Rather, we consider this list the beginning of a continued effort to reflect on the roles of epidemiologists in academic settings and the competencies needed to conduct health research, and on the implications for curricula in epidemiology. Curriculum developers will need to consider which competencies to emphasize in a PhD program. However, program administrators could consider further developing existing competencies or adding additional competencies during summer institutes or workshops or alongside annual meetings or

online courses. The format of teaching and training also needs careful consideration. Some competencies can be taught in the classroom, while others can only be acquired through applied research, traveling through the life cycle of a study from defining the scientific question to communicating and translating the results.

A good starting point for reflecting on the implications of the 31 competencies presented here is to analyze one's own program in terms of competencies covered and the level that may be achieved for each of the competencies (i.e., from basic to proficient). Most programs will probably not cover all competencies, and it may be difficult to judge the levels achieved. The latter is complicated by the fact that within the very same program, substantial variation across graduates and early postdocs may exist in terms of the achieved level for certain competencies; this likely stems primarily from varying opportunities given individual research projects to acquire certain competencies. Consequently, curriculum developers and faculty also need to decide for their program for which core competency they want students to uniformly achieve a certain level and for which competencies some variability is acceptable. These questions will be the subject of the Second International Meeting on Teaching Epidemiology and will be revisited often during this ongoing effort to define competencies for academic epidemiologists and curriculum development. Competency development and curriculum reform must be a dynamic process that acknowledges new trends and shifts in the field.

Strengths of our effort to define competencies included 1) the carefully planned and stepwise approach; 2) the involvement of a very diverse and multinational group of epidemiologists; 3) the manner of organizing the meetings, which made sure that all participants had a voice and avoided domination of the discussions by single individuals and views; 4) the detailed documentation of the process, which always allowed going back to certain details; and 5) our effort to formulate competencies following guidance widely accepted in education. Limitations included the limited participation of epidemiologists (so far) from continents outside of Europe and North America, as well as the preponderance of senior faculty-level health researchers in the survey. However, this latter limitation was mitigated by the fact that early- to midcareer researchers were very well represented at the Zurich meeting and very engaged in defining the set of competencies. The continued effort of the consortium will also make sure that, over time, additional competencies will be added and existing competencies will be critically reviewed and revised.

In conclusion, this is, to our knowledge, the first multinational effort to define core competencies for epidemiologists in academic settings. The competencies proposed could serve as a basis for new curricula or to update existing curricula in epidemiology.

ACKNOWLEDGMENTS

Author affiliations: Department of Ophthalmology, School of Medicine, Johns Hopkins University, Baltimore,

Maryland, United States (Alison Abraham); Department of Epidemiology, Bloomberg School of Public Health, Johns Hopkins University, Baltimore, Maryland, United States (Alison Abraham, Milo A. Puhan); Epidemiology, Biostatistics, and Prevention Institute, University of Zurich, Zurich, Switzerland (Doreen Gille, Milo A. Puhan, Viktor von Wyl); Urban Vitality Center of Expertise, Faculty of Health, Amsterdam University of Applied Sciences, Amsterdam, the Netherlands (Gerben ter Riet); and Department of Cardiology, Amsterdam UMC, University of Amsterdam, Amsterdam, the Netherlands (Gerben ter Riet).

Funding was provided by the University of Zurich (Zurich, Switzerland) and the University of Amsterdam (Amsterdam, the Netherlands).

Core group who started the International Consortium on Teaching Epidemiology: A.A., Albert Hofman (Harvard T.H. Chan School of Public Health, Boston, Massachusetts), Alfredo Morabia (Columbia University, New York, New York), M.A.P., G.t.R., and V.v.W.

Members of the International Consortium on Teaching Epidemiology: *Autonomous University of Yucatan (Mérida, Mexico)*—Narces Ramon Alcocer Ayuso; *Barcelona Institute for Global Health (Barcelona, Spain)*—Judith Garcia Aymerich, Cristina Vert Roca; *Bruno Kessler Foundation (Trento, Italy)*—Laura Barin; *Center for Primary Care and Public Health (Unisanté) (Lausanne, Switzerland)*—Irina Guseva Canu; *Columbia University (New York, New York)*—Alfredo Morabia; *Dartmouth Institute for Health Policy and Clinical Practice (Lebanon, New Hampshire)*—David Goodman; *Drexel University (Philadelphia, Pennsylvania)*—Usama Bilal; *Erasmus University Medical Center (Rotterdam, the Netherlands)*—Oscar Franco, Jolanda Luime; *Federal University of Minas Gerais (Belo Horizonte, Brazil)*—Sandhi Barreto; *German Institute of Human Nutrition Potsdam-Rehbrücke (Potsdam-Rehbrücke, Germany)*—Krasimira Aleksandrova; *Harvard Medical School (Boston, Massachusetts)*—Nancy Cook; *Harvard T.H. Chan School of Public Health (Boston, Massachusetts)*—Francis Cook, Albert Hofman; *Johns Hopkins University (Baltimore, Maryland)*—Keri Althoff, Darcy Phelan; *Lausanne University Hospital (Lausanne, Switzerland)*—Murielle Bochud, Pedro Marques-Vidal; *Leiden University (Leiden, the Netherlands)*—Saskia Le Cessie; *Louisiana State University (Baton Rouge, Louisiana)*—Edward Peters; *Ludwig-Maximilians-University Munich (Munich, Germany)*—Eva Grill, Ulrich Mansmann, Martin Schneider, Brigitte Strahwald; *Maastricht University (Maastricht, the Netherlands)*—Leo Schouten, Christel van Gool, Maurice Zeegers; *Maxima Medical Center (Eindhoven, the Netherlands)*—Jolanda Luime; *Medical University of South Carolina (Charleston, South Carolina)*—Kelly Hunt, Jeffrey Korte; *National and Kapodistrian University of Athens (Athens, Greece)*—Vassiliki Benetou; *Oregon State University (Corvallis, Oregon)*—Javier Nieto; *Radboud University (Nijmegen, the Netherlands)*—Femmi de Vegt, Gerhard Zielhuis; *Radboud University Medical Center (Nijmegen, the Netherlands)*—Iris van Rooij; *Seoul National University*

(Seoul, South Korea)—Aesun Shin; *St. Antonius Hospital (Utrecht, the Netherlands)*—Lea Dijkman; *Swiss Tropical and Public Health Institute (Basel, Switzerland)*—Afon Chernet, Nino Künzli; *University College Dublin (Dublin, Ireland)*—Mary Codd; *University Medical Center Groningen (Groningen, the Netherlands)*—Huibert Burger; *University of Amsterdam (Amsterdam, the Netherlands)*—Mariska Bot, Sander de Wolf, Mariska Leeftang, Raymond Ostelo, Bea Spek, Vianda S. Stel; *University of Antwerp (Antwerp, Belgium)*—Annelies van Rie; *University of Bern (Bern, Switzerland)*—Julia Bohlius, Oscar Franco, Myrofora Goutaki, Claudia Kuehni, Anna Schöni, Marcel Zwahlen; *University of Bristol (Bristol, United Kingdom)*—Jonathan Sterne; *University of California, San Francisco (San Francisco, California)*—Jeffrey Martin; *University of Colorado Anschutz Medical Campus (Aurora, Colorado)*—Tessa Crume, Jonathan Samet; *University of Fribourg (Fribourg, Switzerland)*—Arnaud Chiolerio; *University of Geneva (Geneva, Switzerland)*—Emiliano Albanese, Raphaëlle Beau, Ursula Schlipkötter; *University of Groningen (Groningen, the Netherlands)*—Noha El-Baz; *University of Lucerne (Lucerne, Switzerland)*—Katharina Roser; *University of Massachusetts Amherst (Amherst, Massachusetts)*—Elizabeth Bertone-Johnson; *University of Malaya (Kuala Lumpur, Malaysia)*—Wan Yuen Choo, Noran Naqiah Hairi; *University of Miami (Miami, Florida)*—WayWay Hlaing; *University of Porto (Porto, Portugal)*—Henrique Barros; *University of Tartu (Tartu, Estonia)*—Katrin Lang, Kersti Pärna; *University of Tennessee (Knoxville, Tennessee)*—Tamara Chavez-Lindell; *University of Zurich (Zurich, Switzerland)*—Salome Adam, Mark Adams, Helene Aschmann, Suraj Balakrishna, Patricia Chocano-Bedoya, Anja Frei, Rolf Heusser, Nena Karavasiloglou, Alex Marzel, André Moser, Margot Mütsch, Vasilis Nittas, Thomas Radtke, Alessandra Spanu, Laura Werlen, Erin West, Henock Yebyo, Sarah Ziegler; *VU University Amsterdam (Amsterdam, the Netherlands)*—Marjolein Stuij, Jos Twisk; *Wageningen University (Wageningen, the Netherlands)*—Cora Busstra; *Waid City Hospital (Zurich, Switzerland)*—Patricia Chocano-Bedoya.

Conflict of interest: none declared.

REFERENCES

1. Johnstone SM, Soares L. Principles for developing competency-based education programs. *Change Mag High Learn.* 2014;46(2):12–19.
2. Organisation for Economic Co-operation and Development. Definition and Selection of Competencies (DeSeCo). <https://www.oecd.org/education/skills-beyond-school/definitionandselectionofcompetenciesdeseco.htm>. Accessed October 28, 2019.
3. Bologna Working Group. *A Framework for Qualifications of the European Higher Education Area*. Copenhagen, Denmark: European Consortium for Accreditation; 2005. http://ecahe.eu/w/index.php/Framework_for_Qualifications_of_the_European_Higher_Education_Area. Accessed October 28, 2019.
4. Birkhead GS, Koo D. Professional competencies for applied epidemiologists: a roadmap to a more effective epidemiologic workforce. *J Public Health Manag Pract.* 2006;12(6):501–504.
5. Foldspang A, Birt CA. ASPHER's European list of core competences for the public health professional. *Scand J Public Health.* 2018;46(23):1–52.
6. Calhoun JG, McElligott JE, Weist EM, et al. Core competencies for doctoral education in public health. *Am J Public Health.* 2012;102(1):22–29.
7. Cordeira KL, Cordell R. *Epidemiology and Public Health Science: Core Competencies for High School Students*. Atlanta, GA: Centers for Disease Control and Prevention; 2015. <https://www.cdc.gov/careerpaths/k12teacherroadmap/pdfs/ephs-competencies.pdf>. Accessed September 11, 2020.
8. Moser M, Ramiah K, Ibrahim M. Epidemiology core competencies for Master of Public Health students. *Public Health Rep.* 2008;123(suppl 1):59–66.
9. Michaud CM, Murray CJ, Bloom BR. Burden of disease—implications for future research. *JAMA.* 2001;285(5):535–539.
10. Epidemic Intelligence Service, Centers for Disease Control and Prevention. Epidemiology training & resources. https://www.cdc.gov/eis/request-services/epiresources.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2FAppliedepicompencies%2Findex.html. Revised 2019. Accessed October 28, 2019.
11. Bondy SJ, Johnson I, Cole DC, et al. Identifying core competencies for public health epidemiologists. *Can J Public Health.* 2008;99(4):246–251.
12. Brunner Huber LR, Fennie K, Patterson H. Competencies for master and doctoral students in epidemiology: what is important, what is unimportant, and where is there room for improvement? *Ann Epidemiol.* 2015;25(6):466–468.
13. D'Agostino EM, Hlaing WM, Stark JH. Teaching on the continuum: epidemiology education from high school through graduate school. *Am J Epidemiol.* 2019;188(6):979–986.
14. Hollm-Delgado MG. Educating epidemiologists throughout the life course: moving from conversation to action. *Ann Epidemiol.* 2014;24(3):169–170.
15. Hlaing WM. Competencies acquired in epidemiology doctoral programs. *Ann Epidemiol.* 2019;36:1–4.
16. Akdas F, Puhani M. *Concepts for Teaching Epidemiology—An International Survey of Curricula and Textbooks*. Zurich, Switzerland: University of Zurich; 2018.
17. Gouda HN, Powles JW. The science of epidemiology and the methods needed for public health assessments: a review of epidemiology textbooks. *BMC Public Health.* 2014;14:Article 139.
18. Keyes KM, Galea S. Current practices in teaching introductory epidemiology: how we got here, where to go. *Am J Epidemiol.* 2014;180(7):661–668.
19. Epidemiology is a science of high importance [editorial]. *Nat Commun.* 2018;9:Article 1703.
20. Gulis G, Fujino Y. Epidemiology, population health, and health impact assessment. *J Epidemiol.* 2015;25(3):179–180.
21. Anderson LW, Krathwohl DR. *A Taxonomy for Learning, Teaching, and Assessing: A Revision of Bloom's Taxonomy of Educational Objectives*. New York, NY: Longman; 2001.
22. Cursio M Jahn D. *Leitfaden zur Formulierung Kompetenzorientierter Lernziele auf Modulebene*. Nuremberg, Germany: Center for Continuing Education,

- Friedrich-Alexander University Erlangen-Nürnberg; 2013. https://www.fbzhl.fau.de/files/2020/11/leitfaden-lernziele_fau.pdf. Accessed October 28, 2019.
23. Puhan MA, Steinemann N, Kamm CP, et al. Swiss Multiple Sclerosis Registry. A digitally facilitated citizen-science driven approach accelerates participant recruitment and increases study population diversity. *Swiss Med Wkly*. 2018; 148:w14623.
 24. Richards T, Snow R, Schroter S. Logging the BMJ's "patient journey" [editorial]. *BMJ*. 2015;351:h4396.
 25. Keyes K, Galea S. What matters most: quantifying an epidemiology of consequence. *Ann Epidemiol*. 2015;25(5): 305–311.
 26. Lau B, Duggal P, Ehrhardt S. Epidemiology at a time for unity. *Int J Epidemiol*. 2018;47(5):1366–1371.
 27. Galea S. An argument for a consequentialist epidemiology. *Am J Epidemiol*. 2013;178(8):1185–1191.
 28. Fox MP, Edwards JK, Platt R, et al. The critical importance of asking good questions: the role of epidemiology doctoral training programs. *Am J Epidemiol*. 2020;189(4):261–264.