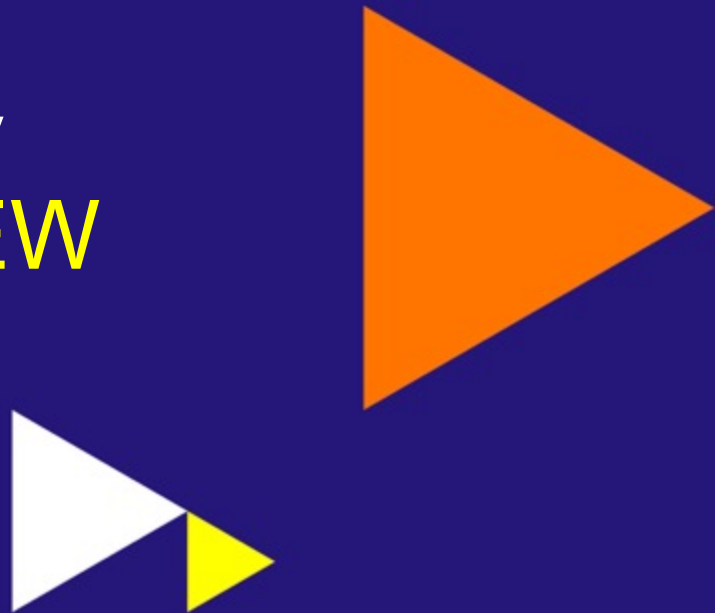


Faculty of Health
Centre of Expertise Urban Vitality
Educational innovation VIEW

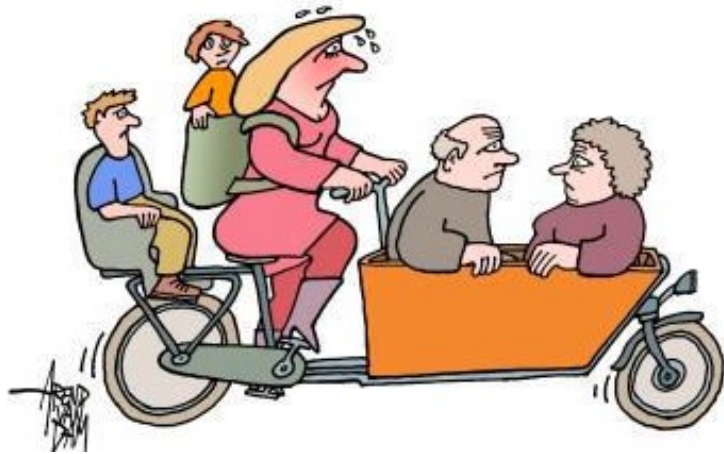
Margo van Hartingsveldt PhD
Fenna Wichers MSc
COTEC-ENOTHE Congress
16 September 2021



Amsterdam University of Applied Sciences
48.000 students
Faculty of Health 4.000 students



Welfare → Participation society



- Citizens are responsible for their own health
- Increase in marginalized vulnerable groups
- Many people with a migrant background
- Problems in health, debt, addiction, poor housing

Faculty of Health – lack of training students

- Interprofessional collaboration in community-based health promotion
- Intercultural communication

Educational innovation

Vitality in the neighbourhood (VIEW)

VIEW

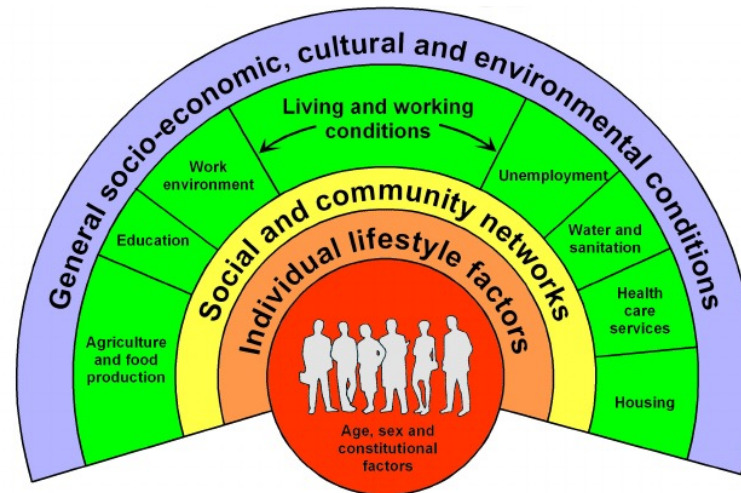
- Two-year funded project
- prepares students for future role as health professionals in urban setting

Theory

- Positive Health
- Social determinants of Health

Methodology

- Design thinking



Source: Dahlgren and Whitehead, 1991

Educational innovation

Vitality in the neighbourhood (VIEW)

Goals

1. Health promotion for **citizens** with complex needs
2. Cross-cultural intersectional sensitivity for **students** when working with marginalized groups
3. Interprofessional collaboration beyond the health domain with **students** from three other AUAS faculties



Amsterdam SouthEast



Challenges in SouthEast

- High unemployment
- Low participation rate
- High poverty
- Low language skills
- Inequality in education opportunities
- 148 nationalities

Approach

- Community-based education
- Continuous learning track in the curricula of
 - Nursing
 - Occupational Therapy
 - Physiotherapy
- Sustainable assignment portfolio of citizen challenges in the urban environment



Results



84 students who study, support and try to understand

- **Loneliness** among citizens: the elderly, young people, children and single mothers
- **Quality of life** in large flats, where waste issues and lack of participation are daily challenges
- **Preventing falls** for the elderly
- **Promotion** a healthy lifestyle

+

- **Neighborhood Safari** in SouthEast
- **Interprofessional peer review** in group sessions
- **Parallel workshops** on topics as community-based work, intersectionality, communication skills



Are there any questions?

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